

West Lake Special Olympics (WL SO) 2019 Track Schedule

Open to all West Lake students ages 8-22 with intellectual disabilities. All participants must have IHSA forms completed and must have been from 4/1/18 or later. If we have on file from other sports, please let us know and we will confirm. If you did WL SO Bowling and/or WL Basketball, we will have on file in the WL office.

Practices will be on Tuesdays from 5:30-6:30pm, beginning on April 2nd, in the LCHS field house.

****There is no practice on April 30th due to a Unified meet.** The final WL practice will be May 7th.

West Lake Special Olympics meets are as follows:

Mon, Apr 29	at LCHS at 5:00pm
Sat, May 11 th	at Valparaiso HS at 9:00am (More specific information will come later)
Tue, May 14 th	at Wheeler Middle School at 5:00pm
TBD	Hanover

Questions regarding the WL Spec Olympics team can go to Coach Karen Brann at kbrann@lcscmail.com or Kimm Maznaritz at kmaznari@lcscmail.com

LCHS Unified Track Info and Schedule

(This is separate from the above WL SO team)

Students of Lake Central HS and TAP (including Munster TAP students) may also do the LCHS Unified track team. All participants must have IHSA forms completed and must have been from 4/1/18 or later. If we have on file from other sports, please let us know and we will confirm. If you did WL SO Bowling and/or WL Basketball, we will have on file in the WL office. **Unified practices are Wednesdays and Thursdays, right after school, from 2:15-3:30, in the field house. They will also meet on Tuesdays with the WL SO team from 5:30-6:30pm, also in the field house.** If your student is at TAP and doing Unified, it is understood that you can only make the Tuesday practices with the WL team. There is no practice the week of spring break and there are no practices on days of meets. **The Unified meets are:**

Thurs 4/11	@ Valpo HS at 5:00pm – bus departs 3:15pm
Thurs 4/18	@ Lake Central HS at 5:00pm
Thurs 4/25	@ Chesterton HS at 5:00pm – bus departs at 3:15pm
Tues 4/30	@ Griffith HS at 5:00pm – bus departs at 3:30pm
Thurs 5/02	@ Lake Central HS at 5:00pm
Thurs 5/09	@ Michigan City HS at 5:00pm – bus departs at 2:45pm
Sat 5/18	IHSA Sectionals @ Wheeler HS – times TBD
Sat 5/25	IHSA Regionals – Location and times TBD
Sat 6/1	IHSA State @ IU Bloomington – times TBD

Questions regarding the LCHS Unified team go to Coach Karen Brann at kbrann@lcscmail.com. This team is separate from the WL SO team.