

**2020**  
**REGIONAL GYMNASTICS**  
**WARM-UP SCHEDULE**

	Vault	Uneven Bars	Balance Beam	Floor
9:10-9:20	Harrison	Valparaiso	Northwestern	Logansport
9:20-9:30	Lake Central	Ind. SC Ind. PHS	Ind. LJ Ind. Lap Ind. MHS	Chesterton
9:30-9:40	Logansport	Harrison	Valparaiso	Northwestern
9:40-9:50	Chesterton	Lake Central	Ind. SC Ind. PHS (2)	Ind. LJ Ind. Lap Ind. MHS
9:50-10:00	Northwestern	Logansport	Harrison	Valparaiso
10:00-10:10	Ind. CPHS Ind. LJ Ind. Lap	Chesterton	Lake Central	Ind. SC Ind. PHS Ind. Craw
10:10-10:20	Valparaiso	Northwestern	Logansport	Harrison
10:20-10:30	Ind. SC Ind. PHS	Ind. LJ Ind. Lap Ind. Craw	Chesterton	Lake Central

10:40 Coaches/Scratch Meeting with Judges in the hospitality room.

Individuals will have 2 minutes each on each event or they may block time. Please notify the head table with your choice.

COMPETITION

	Vault	UB	Beam	FX
FIRST ROTATION:	Harrison Lake Central	Valparaiso Individual South Central King Portage Russell	Northwestern Individual Lafayette Jeff Stephany Lapel Carpenter Merrillville Thomas	Logansport Chesterton
SECOND ROTATION:	Logansport Chesterton	Harrison Lake Central	Valparaiso Individual South Central King Portage Russell Peele	Northwestern Individual Lafayette Jeff Stephany Lapel Carpenter Merrillville Thomas
THIRD ROTATION:	Northwestern Individual Lafayette Jeff Stephany Lapel Carpenter Crown Point Witte	Logansport Chesterton	Harrison Lake Central	Valparaiso Individual South Central King Portage Russell Crawfordsville Lain
FOURTH ROTATION:	Valparaiso Individual King Portage Russell	Northwestern Individual Lafayette Jeff Lain Lapel Carpenter Crawfordsville Lain	Logansport Chesterton	Harrison Lake Central