

Volleyball Tryout Announcements

I. Who Tryouts

- A. Any 7th or 8th grade girl for the 2023-24 school year
- B. Must bring your physical to Mrs. Huguenard in Room 52
- C. be registered on Final Forms

I. <https://lakecentral-in.finalforms.com/students>

II. When are tryouts

- A. Wednesday August 16th, 2023 to Friday August 18th, 2023
 - 1. Make sure to be at each day of tryouts
- B. Time: 4 p.m. until 6:00 p.m.

III. Where are Tryouts..

- D. In the Grimmer Middle School gym

IV. What to wear to tryouts...

- E. Gym clothes
 - i. Shorts
 - ii. T- shirt - No Crop tops!
 - iii. Socks
 - iv. Tennis shoes
 - v. Bring knee pads if you have them (strongly suggest to have them)



III. Volleyball Camps

- A. Try and get in some... check the High school Website for Camps
- B. Epic United Volleyball handouts

NO PHYSICAL NO PRACTICE OR TRYOUTS!