

March 2022



Welcome to the 2022 Grimmer Track & Field Team

*Athletes must attend 10 practices to be eligible to participate in a meet.

*WE NEED PARENT VOLUNTEERS FOR HOME MEETS!

Please contact Mrs. Huguenard
lhuguenard@lcscmail.com

		T	W			
		1	2			
6	7	8 Early Release Day	9	10	11	12
13	14	15	16	17	18	29
	Try-outs					
	4:00—5:30 M	4:00—5:30 R	4:00—5:30 G			
20	21	22	23	24	25	26
	Spring Break					
	Don't Forget to Run, Do sit-ups, Step-ups, Push-ups, Run, Sit-ups, Run					
27	28 Practice 3:50—5:00 Mandatory Parent Meeting 5:00—5:30 M	29 Practice 3:50—5:00 R	30 Practice 3:50—5:00 V	31 Practice 3:50—5:00 V		

