

♥ Welcome to
Kindergarten

**From Your Elementary School
Nurses**

Vaccinations

- The Lake Central School Board Policy 007.31 Physical Examination requires all students in the Lake Central School Corporation to have immunizations as prescribed by Indiana Public Law 150.
- Please upload your child's most current vaccinations during the online registration process.



Medical and Religious Waivers

- The Indiana State Board of Health requires that a new waiver form be signed annually by the parent/guardian and/or physician who are exempting a student from complying with the minimum immunization requirements.
- Please call your school nurse to request a medical or religious waiver if needed.

Allergies

- If your child has allergies to food, drugs, etc. it is important that you let your school nurse know.
- If your child requires an Epi-Pen, Auvi-Q, or any other medications for their allergies, you may bring one in to your school nurse to keep at school.
- **A parent must always bring in and take home medication.** It can never be sent in with the student.
- A medication permission form will also need to be on file in the event the emergency medication should need to be given.

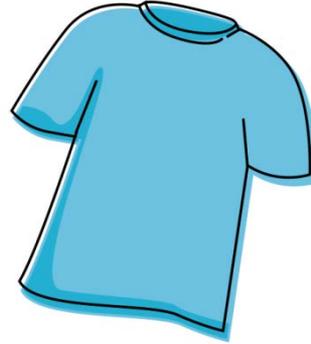


Health Conditions

- If your child has any health conditions that include, but are not limited to, seizures, asthma, or diabetes, please reach out to your school nurse.
- Seizure, Asthma, and Diabetes Action Plans will need to be established with your school nurse.
- Any medication needed to be given at school can be brought in by the parent. A medication permission form will need to be signed.



Accidents Happen!



- Your child may have a bathroom accident from time to time. Please pack an extra set of clothes in a gallon zip lock bag to be kept in the students backpack.
- As the seasons change, please switch out the clothes in the bag.

How Sick Is Too Sick?

From the Indiana Department of Education- www.doe.in.gov
(Can be found on Lake Central website under Health Services)

Symptom	Send To School	Keep At Home
Fever	During the past 24 Hours, the student's temperature has been below 100 degrees and no fever reducing medication has been taken.	During the past 24 hours, the student's temperature has been more than 100 degrees.
Diarrhea	During the past 24 hours, no more than one watery stool has occurred.	During the past 24 hours, more than one watery stool has occurred.
Vomiting	During the past 24 hours, no vomiting has occurred.	During the past 24 hours, vomiting has occurred.
Eyes	Eyes may be itchy, but are not red, crusty, or draining.	Eyes are pink, draining, crusty, itching, painful, sensitive to light, or student has vision changes.
Cough/Runny Nose	Slight cough or runny nose, but no fever, and the student is able to cover cough, blow nose, and wash hands.	Symptoms are severe enough that the student is unable to learn. The student has a fever, or is unable to cover cough, blow nose, or wash hands.
Rash	Rash is not draining or spreading. The student does not have a fever, and symptoms of itching are not severe enough to impede learning.	Rash is bothersome and distracting. The student has a fever or severe itching, or rash is spreading or draining.
Asthma	Symptoms are well controlled and the student knows when to contact a school adult for assistance or the student has an asthma action plan on file at the school and is following the plan.	Symptoms are not well controlled. The student is not able to recognize when he/she needs assistance, and no asthma action plan is on file at the school.