



ADVENTURE AWAITS



Y-Run Kids Program SOUTHLAKE FAMILY YMCA

This five week program will teach kids ages 5–10 about the basics of running. We will train with games and obstacle courses. We train to run the 2K race in the Hub Run on April 8. There will be a pizza party and a Y-Run shirt given to the kids on the 5th week of the program.

WHEN: Starts Tuesday, March 7

TIME: 4:30pm

FEE: \$40 members; \$60 non-members

(Includes t-shirt, but does not

include race entry)

LOCATION: SOUTHLAKE FAMILY YMCA

1450 S. Court Street Crown Point, IN 46307

slymca.org

CONTACT: Amy Lucka at alucka@crymca.org

Wellness

Preschool Cheer will be on Tuesdays from 11:45–12:30 for ages 3–5. Youth Cheer: Monday's from 5:30–6:15 pm. Grades K–2 Practice basic tumbling, chants, cheers and more in this fun class. \$18 members; \$40 non-members. New session begins 1/8/17

Youth & Family Services

Family Book Club

Join us for a bi-weekly to discuss the month's chosen book. This is an adult/child book club.

- Day/ hours: Every other Thursday from 5:30pm-6:00pm
- Fee: \$10/members, \$15 non members
- Winter I Dates: January 12, January 26, February 9
- Winter II Dates: February 23, March 9
- Spring I Dates: March 23, April 6, April 20
- Spring II Dates: May 4, May 18

Youth Art Class

Mixed Media Art Class for ages 8 through 12 will meet weekly with our Art teacher, to explore art in a variety of media.

- Day/ hours: Thursday from 4:30-5:30pm
- Fee: \$15/members, \$30 non members

CONTACT: Sarah Johnson at sjohnson@crymca.org

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GET SPORTY AT THE Y





Sports Newsletter SOUTHLAKE FAMILY YMCA

Co-Ed Toddler T-ball

- Registration: January 23-February 27
- Start Date: March 11-April 15
- Parent Meeting: Wednesday, March 1 at 5:30pm
- Fee: \$50 members; \$75 non-members

Co-Ed Youth Floor Hockey

- Registration: December 19-January 30
- Start Date: February 11-March 25
- Parent Meeting: Wednesday, February 1 at 5:30pm
- Fee: \$50 members; \$75 non-members

Co-Ed Youth Basketball

- Registration: December 19-January 30
- Start Date: February 11-March 25
- Parent Meeting: Thursday, February 2 at 5:30pm
- Fee: \$50 members; \$75 non-members

Co-Ed Youth Sports of All Sorts

- Registration: March 6-April 17
- Start Date: April 29-May 27
- Parent Meeting: Wednesday, April 19 at 5:30pm
- Fee: \$50 members; \$75 non-members

CONTACT: For more information, contact Dave Clayton at dclayton@crymca.org or call 219 663 5810.

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