

# Concerned About Childhood Obesity?

Ask our pediatricians for help today!

The immediate and future consequences of childhood obesity include but are not limited to:

- High blood pressure
- High risk for cardiovascular disease
- Increased risk of type 2 diabetes
- Breathing problems & joint problems
- Low self-esteems
- More likely to have adult obesity

**(219) 841-5154**



**NorthShore**  
Health Centers



*Everybody deserves quality health care...EVERYBODY*

[www.northshorehealth.org](http://www.northshorehealth.org)

Schedule your appointment at any of our 6 locations:

- Chesterton • Hammond
- Lake Station • Merrillville • 2 Portage Locations

We take insured and uninsured patients  
in Lake and Porter County

**CHILDHOOD OBESITY IS  
A COMPLEX HEALTH ISSUE.  
WE ARE HERE TO HELP.**

