



Real.Strong.Girls.

# LOCK-IN

FEBRUARY 24TH Friends. Food. Fun.

*Lake County girls asked us for an overnight event. So, here it is!*

# 1 NIGHT! 1 MISSION!

*Ignite Lake County's Girl Power!*

Real.Strong.Girls. is an initiative of Lake Area United Way, focused on helping develop girls' self-esteem, confidence and resiliency. **We are strong women for strong girls!**

**JOIN US FOR AN AMAZING OVERNIGHT EXPERIENCE  
DESIGNED ESPECIALLY FOR LAKE COUNTY GIRLS, AGES 10 TO 14.**

**Mix & Mingle • Games & Activities • Info Sessions • Pool Party • Food & Snacks**

THIS EVENT IS FREE FOR LAKE COUNTY GIRLS **OVERNIGHT STAY IS OPTIONAL**

**7:00PM SATURDAY, FEB. 24TH -  
7:00AM SUNDAY FEB. 25TH**

**Southlake Family YMCA**

1450 S. Court Street, Crown Point, IN

Doors Open at 7pm Sat., Feb. 24th • Lock-In Concludes at 7am Sun., Feb. 25th

**FREE TO ATTEND!**

**SIMPLY REGISTER ONLINE AT LAUW.ORG**

For more info about the Lock-In or Real. Strong. Girls, contact Megan Sikes at [msikes@lauw.org](mailto:msikes@lauw.org) or 219.923.2302 ext.311.

This event is being presented by Real. Strong. Girls, an initiative of Lake Area United Way, focused on recognizing the strength and leadership capabilities of girls in Lake County, and providing them the support and resources that develop that potential. [lauw.org](http://lauw.org)

— EVENT SPONSORED BY THESE COMMUNITY PARTNERS —

Real.  
Strong.  
Girls:  
STRONG WOMEN  
for STRONG GIRLS



# Real.Strong.Girls. LOCK-IN



## LOCK-IN PACKING LIST

*Please bring these items!*

- Sleeping Bag
- Pajamas
- Pillow
- Blanket
- Swimwear
- Pool Towel
- Bag for Wet Swim Suit
- Flip Flops
- Toothbrush
- Toothpaste
- Brush or Comb
- Slippers

## ATTENTION PARENTS!

**Would you like a fun, interactive, and informative safe place for your daughter to interact with her peers and influential women in the community?** If so, consider registering your girl(s), ages 10 to 14, for the Real.Strong.Girl Lock-In on February 24-25, 2018 at the Southlake YMCA in Crown Point, Indiana. Admission is free for all girls thanks to the support of Lake Area United Way, Crown Point Community Foundation and Mielle Organics.

On Saturday, February 24, 2018 at 7:00pm, we are taking over Southlake YMCA. We have the entire building and are planning a night full of games and activities that help girls identify and recognize their power. Doors open at 7:00pm. Girls not staying overnight must be picked up by 11pm. The Lock-In concludes at 7:00am Sunday, February 25th.

Real.Strong.Girls. is an initiative of Lake Area United Way. Our vision is a community that recognizes girls' strengths and leadership capabilities and intentionally works to provide support to organizations that develop girls' potential. Our mission is to improve girls' self-esteem, confidence and resiliency. We are community based. All of the founders and members are volunteers. All chaperones for our events have completed a background check. We are an affinity group of Lake Area United Way, a Lake County based non-profit corporation with IRC 501(c)(3) tax exempt status.

For more info about the Lock-In or Real. Strong. Girls, please don't hesitate to contact us.

Sincerely,

*Megan Sikes*

Community Engagement Manager

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