

## Kick'n with the Kids

Children and their parents/caregivers will participate together as they are introduced to soccer. This program aims at teaching the importance of sportsmanship and teamwork while making new friends. Activities will concentrate on skills and techniques while also keeping things fun. Children should wear gym shoes and shin guards. Please bring a water bottle to each class.

Ages: 3 - 5 years old with a parent/caregiver  
Day: Mondays  
Date: Sept. 11 - Oct. 2  
Time: 10:00 - 10:45 am  
Fee: \$31.00  
Location: First Christian Church (704 Joliet St, just west of Subway)



## Yoga (adults 18 years & Older)

Whether you are new to Yoga or an experienced Yogi, this class is right for you. Designed to create an environment for everybody, this course aims to improve your ability to relax while increasing strength and flexibility within your body, mind, and everyday life. Come experience this transformative journey as our instructor guides you through poses, breath work, meditation and more.

Ages: 18 years and older  
Day: Mondays  
Date: Sept. 11 - Oct. 16  
Time: 6:30 - 7:30 pm  
Fee: \$50.00  
Location: Plum Creek Center (222 Schulte St, Dyer)



## Elementary Bricks 4 Kids

Our one-hour classes explore architecture, engineering and technology concepts using LEGO Bricks. Students work hands-on to design and build machines, buildings and other constructions. While exploring new concepts related to architecture, engineering, manufacturing, the environment, etc., students develop problem solving and critical thinking skills.

Ages: 5 - 12 years old  
Day: Wednesdays  
Date: Sept. 20 - Oct. 11  
Time: 5:00 - 5:55 pm  
Fee: \$55.00  
Location: Plum Creek Center (222 Schulte St, Dyer)



## Young Rembrandts Cartooning

Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This delightful program combines Young Rembrandts' innovative, step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor, and their vivid imaginations.

Ages: 5 - 12 years old  
Day: Wednesdays  
Date: Sept. 20 - Oct. 11  
Time: 6:00 - 6:55 pm  
Fee: \$44.00  
Location: Plum Creek Center (222 Schulte St, Dyer)



## Soccer Skyhawks

Skyhawks was founded as a soccer club in 1979. Thirty years later, we are still the number one choice for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progressive curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills and sports knowledge required for their next step into soccer. Designed for beginner and intermediate players, this camp focuses on dribbling, passing, shooting and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship and improve their sport skills.

Ages: 7 - 12 years old  
Day: Mondays  
Date: Sept. 18 - Oct. 16  
Time: 6:15 - 7:15 pm  
Fee: \$65.00  
Location: Northgate Park (Just south of Main St. on Calumet Ave. in Dyer)



## Yoga Adventurers with Miss Suzanne

Come explore how yoga makes you feel. Learn the basics of yoga while meeting storybook characters and traveling around the globe. Gain strength, flexibility and confidence. Leave feeling calm, relaxed & ready to finish your day. Namaste! Participants should wear comfortable clothing and bring a water bottle to each class.

Ages: 6 - 11 years old  
Day: Mondays  
Date: Sept. 25 - Oct. 16  
Time: 4:30 - 5:15 pm  
Fee: \$35.00  
Location: Plum Creek Center (222 Schulte St, Dyer)

