

## Presents:

Your Choice is thrilled to return to Lake Central School Corporation on September 18, 19th and October 10th. We will be presenting youth presentations in all the middle schools on September 18th and 19th along with our parent and community presentation Playgrounds to Pills on the evening of September 19th and our Stairway to Heroin program on the evening of October 10th.

### Playgrounds to Pills: *Prevention Begins with Parents*

Please join us on **Tuesday, September 19<sup>th</sup>** for **Playgrounds to Pills: Prevention Begins with Parents**. For more information or to register for the **FREE** event please visit:  
<https://playgroundstopillslcsc.eventbrite.com>

Playgrounds to Pills  
 Lake Central High School  
 8260 Wicker Avenue  
 St. John, IN 46373  
 6-6:30 PM Resource Fair  
 6:30-8:30 PM Program



Parents have more influence over their children than friends, social media, TV, music and the overly glamorized world of entertainment. Parents have a major impact on their child's decision not to use drugs. Since healthy habits are formed at a young age, it is never too early to lay the foundation for a drug-free lifestyle. Playgrounds to Pills targets a younger population, specifically parents of those in 4th-9th grades. This program places emphasis on pediatric and adolescent brain development, decision-making skills and building resiliency in children. It also focuses on building knowledge of protective factors and risk factors for alcohol and drug use.

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### STAIRWAY to HEROIN



Children increasingly are coming into contact with illegal drugs. According to the American Academy of Child and Adolescent Psychiatry, the average age of first time marijuana use is 14. The average age of first time alcohol use is 11 for boys and 13 for girls. By the time they graduate from high school 40% of all teens have used marijuana. We cannot assume that all children who smoke marijuana will become heroin addicts. However, the danger does exist, and research supports the progression of use. Stairway to Heroin creates awareness in a target community by providing local facts and statistics related to illicit drug use, detailing drug trends and types of use, providing a medical perspective on addiction, hearing personal testimonies from families who have experienced the devastation associated with drug abuse and addiction, and learning about hope and recovery.

Please join us for a night of information and inspiration on **October 10<sup>th</sup>**. For more information or to register for this **FREE** event please visit:  
<https://stairwaytoheroinlcsc.eventbrite.com>

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